



The Spa
at
Lago Mar
RESORT AND CLUB

welcome...

Spa at *Lago Mar*: Total Relaxation



Among resort spas in Fort Lauderdale The Spa at Lago Mar is renowned for its unique blend of contemporary European elegance and commitment to age-old spa traditions. The resulting combination provides you with a rejuvenated body, revitalized mind, and recharged spirit all in harmony and in balance as nature intended. You can take the essence of The Spa at Lago Mar home with you with exclusive spa products from our spa boutique. You can also maintain your fitness program in Lago Mar's state-of-the-art fitness center.

Natural Ingredients. Professional Results.

The most powerful ingredients in skincare come from the safest source...nature. For over two decades, Pevonia has been the leader in delivering natural skincare solutions to the finest spas and professional aestheticians worldwide. Pevonia's award winning products and in-spa treatments are coveted by celebrities, influencers, and consumers worldwide for their aesthetician-proven ability to deliver outstanding skin solutions that restore, rejuvenate, and revitalize all skin types.



Massage

Lago Mar SIGNATURE WELLNESS RITUAL

This exclusive wellness ritual combines various techniques from around the world to relax the body, mind, and spirit. Incorporating Amma, Shiatsu, and Swedish massage, the ritual welcome will relax tension and emotional stress from the décolleté, shoulders, arms and hands. Next, an anti-aging pressure point facial massage is performed using the purest essential oils. Treatment concludes with a tension relief leg and foot massage to ease all stress.

25 min - \$80

SWEDISH MASSAGE

This classic style of massage uses soothing strokes to relax your tense muscles.

25 min - \$70 50 min - \$120 80 min - \$160

AROMATHERAPY MASSAGE

Essential oils are used in a gentle massage technique that relaxes muscles and promotes detoxification and lymphatic drainage.

25 min - \$80 50 min - \$135 80 min - \$175

DEEP TISSUE MASSAGE

A massage ideal for those with chronic muscle pain, arthritis, or tension headaches. Special techniques are used to increase flexibility and joint range of motion.

25 min - \$90 50 min - \$145 80 min - \$185

COUPLE'S MASSAGE

Side by side massage. Your choice of deep tissue, aromatherapy or Swedish.

50 min - \$260 80 min - \$300

PRENATAL MASSAGE

For the lady over her first trimester who needs extra pampering. A great way to relieve stress and tension.

25 min - \$90 50 min - \$125

REFLEXOLOGY MASSAGE

Designed to work on all the organs through the feet, hands, and head.

25 min - \$70 50 min - \$120

HOT OIL SCALP MASSAGE

Release stress and improve scalp circulation while deep conditioning your hair and scalp. Naturally rich in nutrients and easily absorbed, our coconut exotic oil delivers optimum relaxation.

25 min - \$70





Body Treatments

Dating back to ancient times, body treatments are a true spa luxury. Whether you select an anti-aging, soothing, or nourishing treatment; we use the most natural ingredients from around the world. All body treatments begin with the Lago Mar Signature Wellness Ritual Welcome — a treatment welcome experience incorporating essential oils, massage and gentle stretching. With this complete mind, body, and spirit wellness restoration included, you will be transported far away from life's hectic pace.

Lago Mar SIGNATURE FIRM AND GLOW BODY WRAP

Feel confident looking your very best with lumafirm® Firm & Glow Body Wrap. Enriched with an exclusive combination of marine extracts, the latest in sea peptides, and an amazing liposomic technology, you will be looking youthfully radiant! Deeply repairing, smoothing, and firming, this signature wrap leaves every inch of your skin velvety soft while rendering your body visibly depigmented, instantly firmer, and more toned. Experience the visible difference for yourself!

80 min - \$150

ISLAND PAPAYA-PINEAPPLE CRÈME WRAP

This de-aging treatment awakens your senses with its delightful aroma and silky texture. Formulated with micro-emulsified Shea Butter, Marine Collagen and Elastin Polypeptides, Tegospheres with Retinol, Pomegranate and anti-aging tropical Papaya and Pineapple fruit extracts. The skin is wonderfully replenished and visibly repaired. Ideal for aging, dehydrated, and sallow skin.

80 min - \$165

TROPICAL FIJI NOURISHING WRAP

This treatment begins with a body sugar cane exfoliation, followed by a body masque application and warm oil scalp massage. This botanical blend is enriched with high Vitamin C, boosting collagen production, toning the skin and hydrating.

80 min - \$175

ISLAND SALTMousse GLOW BODY POLISH

Combining the soothing scents of Papaya (repairing, smoothing and rejuvenating) and Pineapple (firming, brightening, and invigorating), this lush treatment eliminates dead cells and impurities, re-energizes the skin and renders it bright, de-aged, and healthy!

45 min - \$85

SILKY SKIN BODY POLISH

Aromatic and gentle, this creamy Rosemary and Lemon body polish exfoliates dry skin and polishes away toxins. Your skin resurfaces smooth and wonderfully hydrated. Ideal before a massage.

25 min - \$65

SUGAR TONE AND GLOW

A body exfoliation of natural occurring alpha hydroxyls in a pure cane sugar infused with warm essential oils and enzymes. Followed by a warm body butter massage application that will deliver a shimmering skin with a healthy glow.

45 min - \$85

WATER LILY AFTER-SUN WRAP

Provide your skin with immediate relief from sunburn or sensitivity due to excessive sun exposure. This soothing wrap cools and desensitizes by combining Water Lily, Green Tea, and Chamomile. Promptly alleviating burning and stinging sensations, this treatment heals, desensitizes, and decreases skin temperature.

50 min - \$90

BACK TREATMENT

A must have treatment including exfoliation, extractions, mask, moisturizing, toning and deep cleansing. Leaves your skin smooth and glowing.

50 min - \$135



Skin Care

Let our highly trained licensed professionals analyze and treat your skin with care. They will discuss your concerns and help you decide on the proper facial treatment to meet your needs. Each treatment begins with The Lago Mar Signature Wellness Ritual Welcome. This exclusive experience incorporates mind, body, and spirit wellness restoration using various massage techniques. Your skin care professional will also recommend home care tips and products to correct your skin care concerns and provide results.

Lago Mar SIGNATURE FACIAL

Using Sea Peptides, Saccharides, and Key Lime Peel Oil, this signature treatment visibly smooths skin texture while giving you an amazing glow effect. This facial will repair, redefine your facial contour, as well as, reduce hyperpigmentation and provide immediate firming results.

75 min - \$150

Lago Mar CUSTOMIZED FACIAL FOR MEN & WOMEN

This facial is customized to your specific skin type. It incorporates a refreshing cleanse, an enzyme/exfoliation with steam, extractions, massage, mask, moisturizer, and SPF 30 sunscreen.

25 min - \$75 50 min - \$110

DEEP HYDRATING FACIAL

Treat yourself to this ultra hydrating, vitamin infusion facial. This treatment penetrates vitamins A, B and E, which act as anti-free radicals. Using a lavender and mint bi-thermal mask, the result is refreshed, hydrated, and de-aged skin.

75 min - \$150

SPA TEEN® FACIAL

Recommended for the active teenager, the teen facial is customized to the teenager's skin type. It incorporates a deep cleanse, enzyme/exfoliation with steam, extractions, massage, mask, moisturizer, and SPF 30 sunscreen.

25 min - \$65 50 min - \$98





pevonia

LUMINOUS "C" AND "SEA"®

This specialty treatment combines Vitamin C for brightening with mineralizing Seaweed to strengthen skin's elasticity, counteract photo-aging, and restore a more youthful appearance.
75 min - \$150

LACTO FLORA PEEL

This peel gently exfoliates, lightens, hydrates, and diminishes epidermal thickening of the skin. It is suitable for hyperpigmentation, severe acne, photo-damage, and aging skin. It includes a cleanse, Lacto Flora Peel, neutralizing gel, soothing mask, sensitive moisturizing cream, and SPF 30 sunscreen.

50 min - \$125

Series of 5 treatments - \$500 (Includes a complimentary Pevonia® Hydrating Sunscreen SPF 30)

PURIFYING CLINICAL FACIAL

This clinical facial is designed for problematic/acne skin. It incorporates a Pevonia® problematic skincare product line with a cleanse, enzyme/exfoliation with steam, extractions, LED blue light therapy treatment, mask, spot treatment, moisturizer, and SPF 30 sunscreen.

50 min - \$135

SOOTHING PLANTOMER FACIAL

This facial calms redness and soothes irritated, sensitive, or sun burned skin. A propolis ampoule is applied to disinfect the skin's surface, soothe and rehydrate. A cool, soft lift-off mask follows to seal in the nutrient enriched ampoule.

75 min - \$150

ROSACEA FACIAL

Recommended for hypersensitive skin conditions such as rosacea and acne rosacea. This treatment utilizes the benefits of green tea, french rose, and licorice to stimulate circulation and flush out redness.

75 min - \$150

ANTI-AGING CAVIAR FACIAL

This opulent anti-aging treatment lavishes your skin with pure Caviar and a revolutionary blend of phyto-extracts: Escutox®. Improving wrinkles, elasticity and texture, this luxurious, beautiful anti-aging mask increases skin oxygenation and suppleness while reducing signs of aging. Hard lift-off mask for ultimate rejuvenation.

75 min - \$165

LIP TREATMENT

This intensive repair treatment uses Marine Collagen to smooth and deeply hydrate to restore your lip's youthful beauty.

25 min - \$50 Add to Facial - \$35

DE-STRESS EYE TREATMENT

An excellent treatment to immediately reduce puffiness or fine lines around the delicate eye area.

25 min - \$50 Add to Facial - \$35

LED LIGHT THERAPY TREATMENT

Studies have shown that human cells which have been exposed to LED Light Therapy have 150% enhancement to their cellular metabolism, thereby accelerating the repair and replenishment of damaged cells. This treatment improves acne lesions (inflamed/non-inflamed), hyperpigmentation, aging, and rosacea. Experience the revitalizing power of LED Light Therapy to repair, rejuvenate, and restore the skin for life.

25 min - \$35 45 min - \$65 Series of 5 - \$260

Series of 7 - \$390 (Series of 7 includes a complimentary Pevonia® Hydrating Sunscreen SPF 30)

FACIAL ENHANCEMENTS

LED Light Therapy Treatment (acne/rosacea/sensitive/hyperpigmentation/wrinkles)

Elasto-Firm Mask Treatment (deeply hydrating, increases firmness and elasticity)

Escutox® Freeze Dried Anti-Wrinkle Treatment (a natural ingredient alternative to Botox)

Clear-O-Zym Freeze Dried Enzyme (for enlarged, visible pores)

Lumafirm Freeze Dried Disc (lift and glow)

Add to Facial - \$35 each

Luminous Age-Defying Professional Serums - Add to Facial - \$25 each

WAXING

Eyebrow, Chin or Lip	\$20	Partial Bikini	\$45
Full Face	\$50	Full Bikini	\$65
Arm	Half \$45 / Full \$60	Lash Tinting	\$40
Leg	Half \$50 / Full \$80	Brow Tinting	\$40
Back	Upper \$30 / Full \$70	Lash & Brow Tinting	\$60

MANICURES

Caviar Manicure	\$50	Refresher Manicure	\$30
Classic Spa Manicure	\$45	Teen Manicure	\$30
Tropical Manicure	\$55	Polish Change	\$20
French add on	\$5	Soak Off	\$15

PEDICURES

Caviar Pedicure	\$75	Refresher Pedicure	\$40
Classic Spa Pedicure	\$65	Teen Pedicure	\$35
Tropical Pedicure	\$75	Polish Change	\$30
French add on	\$5	Soak Off	\$15

Spa Packages

PARADISE SPA PACKAGE - \$205

You and your girlfriends can find the perfect escape with this wonderful Spa Getaway Package. You can enjoy a simply scrumptious...

- 50 minute - Swedish Massage
- 80 minute - manicure and pedicure followed by a gift to enjoy at home.
- During your services, enjoy a sweet treat of fresh dark chocolate covered strawberries (antioxidants and Vitamin C) and a split of sparkling wine.

IT'S A MAN'S WORLD - \$209

- 25 minute - Gentlemen's Facial
- 50 minute - Deep Tissue Massage
- 25 minute - Manicure

THE CLASSIC INDULGENCE - \$319

- 50 minute - Swedish Massage
- 50 minute - European Facial
- 80 minute - Classic Manicure/Pedicure

THE SLICE OF HEAVEN - \$249

- 25 minute - Hot Scalp Massage
- 25 minute - Moisturizing Reflexology
- 50 minute - Swedish Massage

Spa Appointments Available:
Mon - Sat 9:00 a.m. – 7:00 p.m. • Sun 9:00 a.m. – 2:00 p.m.
954-245-3632 or Ext. 127

– **Age Requirement** –

The Spa is appropriate for guests 16 years and older.

– **Service Charge** –

A 20% Service Charge will be automatically added to all spa services.
No additional discounts on package price.

– **Cancellation Policy** –

Please provide 4 hours notice if you must cancel. Failure to do so
will result in a charge of 100% of the treatment price.

Spa prices and services are subject to change without notification.

Fitness Center: 6:00 a.m. – 10:00 p.m. Daily

– **Attire** –

Proper dress for our Fitness Center requires exercise clothing
or T-shirt, shorts, and athletic shoes.

– **Age Requirement** –

The Fitness Center is appropriate for guests 16 years and older.



1700 South Ocean Lane • Fort Lauderdale, Florida 33316