



**Massage :**

**LAGO MAR RELAXATION SWEDISH MASSAGE** - This classic style of massage uses soothing strokes to relax your tense muscles

50 min - \$120.00 / 80 min - \$160.00

**DEEP TISSUE MASSAGE** - Therapeutic deep pressure massage designed for individuals wanting more detailed body work on specific muscle groups

50 min - \$145.00 / 80 min - \$185.00

**Reflexology Massage** - Designed to work on all the organs through the feet, hands, and head.

50 min - \$125.00

**FIJI COCONUT HOT OIL SCALP MASSAGE** - Release stress and improve scalp circulation while deep conditioning your hair and scalp.

25 min - \$70.00

ADD AROMATHERAPY TO ANY MASSAGE - \$10.00

**Skin Care :**

**LUMINOUS "C" AND "SEA"** - This specialty treatment combines Vitamin C for brightening with mineralizing Seaweed to strengthen skin's elasticity, counteract photo-aging, and restore a more youthful appearance.

80 min - \$165.00

**ANTI-AGING CAVIAR FACIAL** - This opulent anti-aging treatment lavishes your skin with pure Caviar and a revolutionary blend of phyto-extracts: Escutox. Improving wrinkles, elasticity and texture, this luxurious, beautiful anti-aging mask increases skin oxygenation and suppleness while reducing signs of aging. Hard lift-off mask for ultimate rejuvenation.

80 min - \$185.00

**SOOTHING PLANTOMER FACIAL** - This facial calms redness and soothes irritated, sensitive, or sun burned skin. A propolis ampoule is applied to disinfect the skin's surface, soothe and rehydrate. A cool, soft lift-off mask follows to seal in the nutrient enriched ampoule.

80 min - \$150.00

ADD RESTORE NECK AND CHEST - 20 MIN / \$50.00

Facials selected are for different types of skin as for dry, normal, oily skin and sensitive skin.

**Manicures**

Classic Manicure ..... 30 minutes / \$35.00

Spa Manicure ..... 50 minutes / \$50.00

Man Manicure ..... 30 minutes / \$30.00

Classic Pedicure ..... 30 minutes / \$45.00

Spa Pedicure ..... 50 minutes / \$65.00

Man Pedicure ..... 50 minutes / \$55.00

Add French ..... \$10.00

Add Gel ..... \$15.00

Soak off ..... \$15.00

Polish Change ..... \$25.00

Among resort spas in Fort Lauderdale The Spa at Lago Mar is renowned for its unique blend of contemporary European elegance and commitment to age-old spa traditions. The resulting combination provides you with a rejuvenated body, revitalized mind, and recharged spirit all in harmony and in balance as nature intended. You can take the essence of The Spa at Lago Mar home with you with exclusive spa products from our spa boutique. You can also maintain your fitness program in Lago Mar's state-of-the-art fitness center.

954-245-3632 or Ext. 127

- Age Requirement -

The Spa is appropriate for guests 18 years and older.

A 20% gratuity will be automatically added to all spa services.

No additional discounts on package price.

- Cancellation Policy -

Please provide 4 hours notice if you must cancel. Failure to do so will result in a charge of 100% of the treatment price.

Spa hours, prices and services are subject to change without notification.

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