

Spa Appointments Available:
Wednesday - Sunday 9:00 a.m. - 5:00 p.m.
954-245-3632 or Ext. 127

- Age Requirement -

The Spa is appropriate for guests 16 years and older.

- Gratuity Charge -

A 20% gratuity will be automatically added to all spa services.
No additional discounts on package price.

- Cancellation Policy -

Please provide 4 hours notice if you must cancel. Failure to do so will result in a charge of 100% of the treatment price.

Spa prices and services are subject to change without notification.

Fitness Center: 6:00 a.m. – 10:00 p.m. Daily

- Attire -

Proper dress for our Fitness Center requires exercise clothing or T-shirt, shorts, and athletic shoes.

- Age Requirement -

The Fitness Center is appropriate for guests 16 years and older.

Lago Mar
BEACH RESORT & CLUB

1700 South Ocean Lane • Fort Lauderdale, Florida 33316

MM37720

11/21



The Spa
at
Lago Mar
RESORT AND CLUB

welcome...

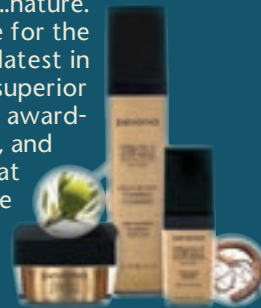
Spa at *Lago Mar*: Total Relaxation



Among resort spas in Fort Lauderdale, The Spa at Lago Mar is renowned for its unique blend of contemporary European elegance and commitment to age-old spa traditions. The resulting combination provides you with a rejuvenated body, revitalized mind, and recharged spirit all in harmony and in balance as nature intended. You can take the essence of The Spa at Lago Mar home with you with exclusive spa products from our spa boutique. You can also maintain your fitness program in Lago Mar's state-of-the-art fitness center.

Natural Ingredients. Professional Results.

Pevonia's most powerful ingredients come from the safest source...nature. For three decades, Pevonia® has been the skincare brand of choice for the finest spas and professional estheticians worldwide. By uniting the latest in advanced manufacturing and delivery systems, Pevonia® ensures superior results and healthy, radiant skin for all ages and skin types. With award-winning collections for face, body, sun protection, teens, men, and more, Pevonia® offers powerful, customized skincare solutions that really deliver. High performance in-spa treatments and spa-at-home protocols address every unique skin concern with extraordinary benefits. Experience the power of clean beauty with natural skincare. Live the spa-at-home experience anytime and anywhere.



*Featuring Pevonia®
Natural Skincare...*



Massage

LAGO MAR RELAXATION SWEDISH MASSAGE

This classic style of massage uses soothing strokes to relax your tense muscles.

50 min - \$145 80 min - \$210

THERAPEUTIC DEEP TISSUE MASSAGE

A therapeutic deep pressure massage designed for individuals wanting more detailed body work on specific muscle groups.

50 min - \$165 80 min - \$225

LIGHT PRESSURE MASSAGE

This massage uses long, rhythmic, gentle strokes to increase the flow of lymph and reduce toxins.

50 min - \$145 80 min - \$210

FIJI COCONUT HOT OIL SCALP MASSAGE

Release stress and improve scalp circulation while deep conditioning your hair and scalp. Naturally rich in nutrients and easily absorbed, our coconut exotic oil delivers optimum relaxation.

25 min - \$85

Add Hot Shell to Any Massage - \$20

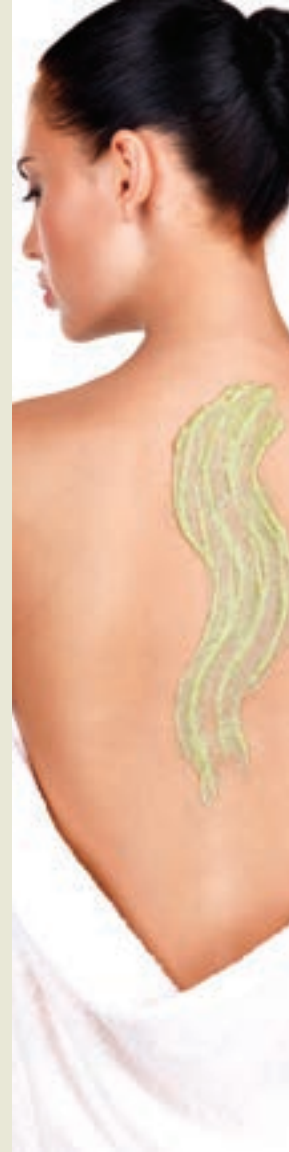
AROMATHERAPY ESSENTIAL OILS

Added to any massage - \$10

VITALITY (Grapefruit Oil & Rosemary Oil) – Provides detoxifying, toning, and antioxidant benefits.

RECOVERY (Eucalyptus Oil & Camphor Oil) – Eases fatigue and pain while decongests and stimulates circulation.

SERENITY (Lavender Oil) – Delivers calming, nourishing, and hydrating benefits.



Body Treatments

Dating back to ancient times, body treatments are a true spa luxury. Whether you select an anti-aging, soothing, or nourishing treatment; we use the most natural ingredients from around the world. All body treatments begin with the Lago Mar Signature Wellness Ritual Welcome – a treatment welcome experience incorporating essential oils, massage and gentle stretching. With this complete mind, body, and spirit wellness restoration included, you will be transported far away from life's hectic pace.

SIGNATURE FIRM AND GLOW BODY WRAP

Feel confident looking your very best with lumafirm® Firm & Glow Body Wrap. Enriched with an exclusive combination of marine extracts, the latest in sea peptides, and an amazing liposomic technology, you will be looking youthfully radiant! Deeply repairing, smoothing, and firming, this signature wrap leaves every inch of your skin velvety soft while rendering your body visibly depigmented, instantly firmer, and more toned. Experience the visible difference for yourself!

80 min - \$150

ANTI-CELLULITE CONTOURING BODY TREATMENT

Includes a body exfoliation and body wrap treatment. An exquisite 3-in-1 exfoliating, contouring, and anti-cellulite regenerating wellness experience, this results-driven breakthrough therapy infuses your skin with natural argan and comfrey plant stem cells blended with green coffee, avocado, shea butter and other potent ingredients. Proven to dissolve unwanted fat and cellulitic deposits while reducing skin sagging, and repairing sun damage, this treatment leaves you with an envious youthful looking body!

80 minutes \$175

ISLAND SALTMousse GLOW BODY POLISH

Combining the soothing scents of Papaya (repairing, smoothing and rejuvenating) and Pineapple (firming, brightening, and invigorating), this lush treatment eliminates dead cells and impurities, re-energizes the skin and renders it bright, de-aged, and healthy!

45 min - \$85

Skin Care

Let our highly trained licensed professionals analyze and treat your skin with care. They will discuss your concerns and help you decide on the proper facial treatment to meet your needs. Each 80 minute facial treatment begins with The Lago Mar Signature Wellness Ritual Welcome. This exclusive experience incorporates mind, body, and spirit wellness restoration using various massage techniques. Your skin care professional will also recommend home care tips and products to correct your skin care concerns and provide results.

SIGNATURE HYDRA-CLOUD™ TREATMENT

By combining the hydrating power of hyaluronic acid with a unique and innovative ingredient, micronized cotton extract, this restorative, tightening, firming, calming, and soothing facial experience helps your skin Age Backwards™. As visible lines and wrinkles are minimized, your complexion resurfaces instantly and visibly smooth, and superbly hydrated with an ultra-cool and refreshed feel. A true sensorial experience that will help you to feel “as light as a cloud”.

70 min - \$145

DEEP HYDRATING FACIAL

Treat yourself to this ultra hydrating, vitamin infusion facial. This treatment penetrates vitamins A, B and E, which act as anti-free radicals. Using a lavender and mint bi-thermal mask, the result is refreshed, hydrated, and de-aged skin.

70 min - \$165

SKINFIT MYOXY-CAVIAR® MASK TREATMENT - FOR HIM

Counteract men’s aging process with a clinically effective, advanced skin treatment. Rejuvenating caviar, vitamins, enzymes, and wrinkle-smoothing Escutox® serum will replenish skin while combating aging aggressors. Visibly de-aging, this masculine treatment promotes healthy youthful skin vitality. Soft lift-off mask.

50 min - \$150

STEM CELLS PHYTO-ELITE® TREATMENT

This groundbreaking plant-based treatment redefines the anti-aging facial! Infused with the first-ever blend of argan and comfrey stem cells and supercharged de-agers like collagen, retinol, elastin and other key actives, it starts working from the first application. Visibly reducing lines and wrinkles, it delivers a smoother skin surface, and long-term protection of the skin’s naturally repairing stem cells.

70 min - \$185





LUMINOUS “C” AND “SEA”®

This specialty treatment combines Vitamin C for brightening with mineralizing Seaweed to strengthen skin's elasticity, counteract photo-aging, and restore a more youthful appearance.
70 min - \$175

RAPID-RESTORE NECK & CHEST TREATMENT

This de-aging treatment is dedicated to the skin on the neck and chest. Using collagen, elastin and other restoring ingredients to prevent and repair the effects of sun damage. Tightens and reduces sagging, plumps and smooths fine lines, brightens, reduces redness and deeply hydrates.

50 minutes \$85 | \$50 added to a facial

SOOTHING PLANTOMER FACIAL

This facial calms redness and soothes irritated, sensitive, or sun burned skin. A propolis ampoule is applied to disinfect the skin's surface, soothe and rehydrate. A cool, soft lift-off mask follows to seal in the nutrient enriched ampoule.

70 min - \$165

ROSACEA FACIAL

Recommended for hypersensitive skin conditions such as rosacea and acne rosacea. This treatment utilizes the benefits of green tea, french rose, and licorice to stimulate circulation and flush out redness.

70 min - \$165

ANTI-AGING CAVIAR FACIAL

This opulent anti-aging treatment lavishes your skin with pure Caviar and a revolutionary blend of phyto-extracts: Escutox®. Improving wrinkles, elasticity and texture, this luxurious, beautiful anti-aging mask increases skin oxygenation and suppleness while reducing signs of aging. Hard lift-off mask for ultimate rejuvenation.

70 min - \$185



Spa Packages

PURE HARMONY - \$285

- 50 minute - Massage of Your Choice
- 50 minute - Facial

THE CLASSIC INDULGENCE - \$335

- 50 minute - Swedish Massage
- 50 minute - European Facial
- 60 minute - Classic Manicure/Pedicure

THE SLICE OF HEAVEN - \$275

- 25 minute - Hot Scalp Massage
- 25 minute - Moisturizing Reflexology
- 50 minute - Swedish Massage

Nail Care

MANICURES

Caviar Manicure 50 minutes.....	\$60
Spa Manicure 50 minutes.....	\$50
Classic Manicure 30 minutes.....	\$30
Men's Manicure 30 minutes.....	\$30

PEDICURES

Caviar Pedicure 50 minutes.....	\$75
Spa Pedicure 50 minutes.....	\$65
Classic Pedicure 30 minutes.....	\$45
Men's Pedicure 30 minutes.....	\$55

add french.....	\$10
add gel.....	\$15
soak off.....	\$15
polish change.....	\$25

