

Spa Appointments Available:

Mon - Sat 9:00 a.m. – 7:00 p.m. • Sun 9:00 a.m. – 2:00 p.m.

954-245-3632 or Ext. 127

– **Age Requirement** –

The Spa is appropriate for guests 16 years and older.

– **Gratuity Charge** –

A 20% gratuity will be automatically added to all spa services.

No additional discounts on package price.

– **Cancellation Policy** –

Please provide 4 hours notice if you must cancel. Failure to do so will result in a charge of 100% of the treatment price.

Spa prices and services are subject to change without notification.

Fitness Center: 6:00 a.m. – 10:00 p.m. Daily

– **Attire** –

Proper dress for our Fitness Center requires exercise clothing or T-shirt, shorts, and athletic shoes.

– **Age Requirement** –

The Fitness Center is appropriate for guests 16 years and older.

Lago Mar
BEACH RESORT & CLUB

1700 South Ocean Lane • Fort Lauderdale, Florida 33316

MM37720

8/19



The Spa
at
Lago Mar
RESORT AND CLUB



welcome...

Spa at *Lago Mar*: Total Relaxation



Among resort spas in Fort Lauderdale The Spa at Lago Mar is renowned for its unique blend of contemporary European elegance and commitment to age-old spa traditions. The resulting combination provides you with a rejuvenated body, revitalized mind, and recharged spirit all in harmony and in balance as nature intended. You can take the essence of The Spa at Lago Mar home with you with exclusive spa products from our spa boutique. You can also maintain your fitness program in Lago Mar's state-of-the-art fitness center.

Natural Ingredients. Professional Results.

The most powerful ingredients in skincare come from the safest source...nature. For nearly three decades, Pevonia has been the leader in delivering natural skincare solutions to the finest spas and professional aestheticians worldwide. Pevonia's award winning products and in-spa treatments are coveted by celebrities, influencers, and consumers worldwide for their aesthetician-proven ability to deliver outstanding skin solutions that restore, rejuvenate, and revitalize all skin types.



Massage

Lago Mar SIGNATURE WELLNESS RITUAL

This exclusive wellness ritual combines various techniques from around the world to relax the body, mind, and spirit. Incorporating Amma, Shiatsu, and Swedish massage, the ritual welcome will relax tension and emotional stress from the décolleté, shoulders, arms and hands. Next, an anti-aging pressure point facial massage is performed using the purest essential oils. Treatment concludes with a tension relief leg and foot massage to ease all stress.

45 min - \$80

LAGO MAR RELAXATION SWEDISH MASSAGE

This classic style of massage uses soothing strokes to relax your tense muscles.

25 min - \$60 50 min - \$120 80 min - \$160

THE SPA SIGNATURE HIMALAYAN SALT STONE MASSAGE

Opening with a cleansing footbath followed by this ultra-relaxing and remineralizing salt stone massage from Himalayan Mountains. This treatment reduces inflammation, improves sleep, and provides a sense of well-being.

90 min - \$210

THERAPEUTIC DEEP TISSUE MASSAGE

A therapeutic deep pressure massage designed for individuals wanting more detailed body work on specific muscle groups.

25 min - \$75 50 min - \$145 80 min - \$185

COUPLE'S MASSAGE

Side by side massage. Your choice of Deep Tissue, Aromatherapy or Swedish massage.

50 min - \$260 80 min - \$300

REFLEXOLOGY MASSAGE

Designed to work on all the organs through the feet, hands, and head.

25 min - \$65 50 min - \$125

FIJI COCONUT HOT OIL SCALP MASSAGE

Release stress and improve scalp circulation while deep conditioning your hair and scalp. Naturally rich in nutrients and easily absorbed, our coconut exotic oil delivers optimum relaxation.

25 min - \$70

Add a 25 min. Body Polish prior to any massage - \$45

AROMATHERAPY ESSENTIAL OILS

Added to any massage - \$10

VITALITY (Grapefruit Oil & Rosemary Oil) – Provides detoxifying, toning, and antioxidant benefits.

RECOVERY (Eucalyptus Oil & Camphor Oil) – Eases fatigue and pain while decongests and stimulates circulation.

SERENITY (Lavender Oil) – Delivers calming, nourishing, and hydrating benefits.





Body Treatments

Dating back to ancient times, body treatments are a true spa luxury. Whether you select an anti-aging, soothing, or nourishing treatment; we use the most natural ingredients from around the world. All body treatments begin with the Lago Mar Signature Wellness Ritual Welcome — a treatment welcome experience incorporating essential oils, massage and gentle stretching. With this complete mind, body, and spirit wellness restoration included, you will be transported far away from life's hectic pace.

Lago Mar SIGNATURE FIRM AND GLOW BODY WRAP

Feel confident looking your very best with lumafirm® Firm & Glow Body Wrap. Enriched with an exclusive combination of marine extracts, the latest in sea peptides, and an amazing liposomic technology, you will be looking youthfully radiant! Deeply repairing, smoothing, and firming, this signature wrap leaves every inch of your skin velvety soft while rendering your body visibly depigmented, instantly firmer, and more toned. Experience the visible difference for yourself!

80 min - \$150

ANTI-CELLULITE CONTOURING BODY TREATMENT

Includes a body exfoliation and body wrap treatment. An exquisite 3-in-1 exfoliating, contouring, and anti-cellulite regenerating wellness experience, this results-driven breakthrough therapy infuses your skin with natural argan and comfrey plant stem cells blended with green coffee, avocado, shea butter and other potent ingredients. Proven to dissolve unwanted fat and cellulitic deposits while reducing skin sagging, and repairing sun damage, this treatment leaves you with an envious youthful looking body!

80 minutes \$175

ISLAND PAPAYA-PINEAPPLE CRÈME WRAP

This de-aging treatment awakens your senses with its delightful aroma and silky texture. Formulated with micro-emulsified Shea Butter, Marine Collagen and Elastin Polypeptides, Tegospheres with Retinol, Pomegranate and anti-aging tropical Papaya and Pineapple fruit extracts. The skin is wonderfully replenished and visibly repaired. Ideal for aging, dehydrated, and sallow skin.

80 min - \$165

TROPICAL FIJI NOURISHING WRAP

This treatment begins with a body sugar cane exfoliation, followed by a body masque application and warm oil scalp massage. This botanical blend is enriched with high Vitamin C, boosting collagen production, toning the skin and hydrating.

80 min - \$175

ISLAND SALTMOUSSE GLOW BODY POLISH

Combining the soothing scents of Papaya (repairing, smoothing and rejuvenating) and Pineapple (firming, brightening, and invigorating), this lush treatment eliminates dead cells and impurities, re-energizes the skin and renders it bright, de-aged, and healthy!

45 min - \$85

SUGAR TONE AND GLOW

A body exfoliation of natural occurring alpha hydroxyls in a pure cane sugar infused with warm essential oils and enzymes. Followed by a warm body butter massage application that will deliver a shimmering skin with a healthy glow.

45 min - \$85

WATER LILY AFTER-SUN WRAP

Provide your skin with immediate relief from sunburn or sensitivity due to excessive sun exposure. This soothing wrap cools and desensitizes by combining Water Lily, Green Tea, and Chamomile. Promptly alleviating burning and stinging sensations, this treatment heals, desensitizes, and decreases skin temperature.

50 min - \$90

SILKY SKIN BODY POLISH

Aromatic and gentle, this creamy Rosemary and Lemon body polish exfoliates dry skin and polishes away toxins. Your skin resurfaces smooth and wonderfully hydrated. Ideal before a massage.

45 min - \$70



Skin Care

Let our highly trained licensed professionals analyze and treat your skin with care. They will discuss your concerns and help you decide on the proper facial treatment to meet your needs. Each treatment begins with The Lago Mar Signature Wellness Ritual Welcome. This exclusive experience incorporates mind, body, and spirit wellness restoration using various massage techniques. Your skin care professional will also recommend home care tips and products to correct your skin care concerns and provide results.

SIGNATURE FACIAL

Using Sea Peptides, Saccharides, and Key Lime Peel Oil, this signature treatment visibly smooths skin texture while giving you an amazing glow effect. This facial will repair, redefine your facial contour, as well as, reduce hyperpigmentation and provide immediate firming results.

75 min - \$150

CUSTOMIZED FACIAL FOR MEN & WOMEN

This facial is customized to your specific skin type. It incorporates a refreshing cleanse, an enzyme/exfoliation with steam, extractions, massage, mask, moisturizer, and SPF 30 sunscreen.

25 min - \$75 50 min - \$110

DEEP HYDRATING FACIAL

Treat yourself to this ultra hydrating, vitamin infusion facial. This treatment penetrates vitamins A, B and E, which act as anti-free radicals. Using a lavender and mint bi-thermal mask, the result is refreshed, hydrated, and de-aged skin.

75 min - \$150

SPA TEEN® FACIAL

Recommended for the active teenager, the teen facial is customized to the teenager's skin type. It incorporates a deep cleanse, enzyme/exfoliation with steam, extractions, massage, mask, moisturizer, and SPF 30 sunscreen.

25 min - \$65 50 min - \$98

STEM CELLS PHYTO-ELITE® TREATMENT

This groundbreaking plant-based treatment redefines the anti-aging facial! Infused with the first-ever blend of argan and comfrey stem cells and supercharged de-agers like collagen, retinol, elastin and other key actives, it starts working from the first application. Visibly reducing lines and wrinkles, it delivers a smoother skin surface, and long-term protection of the skin's naturally repairing stem cells.

80 min - \$175

LUMINOUS "C" AND "SEA"®

This specialty treatment combines Vitamin C for brightening with mineralizing Seaweed to strengthen skin's elasticity, counteract photo-aging, and restore a more youthful appearance.

75 min - \$150

YOUTHRENEW™ HYDRA-GLOW PEEL

Treat your skin to a smoother texture, minimized wrinkles, and a brightened complexion with the YouthRenew™ HydraGlow Peel. Using pure, natural lactic acid, this gentle peel unveils wonderfully hydrated and plump skin with a radiant, healthy glow. Perfect peel for pre-wedding or special events. Not recommend for hypersensitive skin. For optimum results: 3-6 Peel Series.

50 min - \$125

RAPID-RESTORE NECK & CHEST TREATMENT

This de-aging treatment is dedicated to the skin on the neck and chest. Using collagen, elastin and other restoring ingredients to prevent and repair the effects of sun damage. Tightens and reduces sagging, plumps and smooths fine lines, brightens, reduces redness and deeply hydrates.

45 minutes \$85 | \$50 added to a facial

BACK TREATMENT

A must have treatment including exfoliation, extractions, mask, moisturizing, toning and deep cleansing. Leaves your skin smooth and glowing.

50 min - \$135



PURIFYING CLINICAL FACIAL

This clinical facial is designed for problematic/acne skin. It incorporates a Pevonia® problematic skincare product line with a cleanse, enzyme/exfoliation with steam, extractions, LED blue light therapy treatment, mask, spot treatment, moisturizer, and SPF 30 sunscreen.
50 min - \$135

SOOTHING PLANTOMER FACIAL

This facial calms redness and soothes irritated, sensitive, or sun burned skin. A propolis ampoule is applied to disinfect the skin's surface, soothe and rehydrate. A cool, soft lift-off mask follows to seal in the nutrient enriched ampoule.
75 min - \$150

ROSACEA FACIAL

Recommended for hypersensitive skin conditions such as rosacea and acne rosacea. This treatment utilizes the benefits of green tea, french rose, and licorice to stimulate circulation and flush out redness.
75 min - \$150

ANTI-AGING CAVIAR FACIAL

This opulent anti-aging treatment lavishes your skin with pure Caviar and a revolutionary blend of phyto-extracts: Escutox®. Improving wrinkles, elasticity and texture, this luxurious, beautiful anti-aging mask increases skin oxygenation and suppleness while reducing signs of aging. Hard lift-off mask for ultimate rejuvenation.
75 min - \$165

SMOOTHING LIP TREATMENT WITH COLLAGEN

Treat your lips to the repairing benefits of 100% pure marine collagen. This potent treatment immediately smooths expression lines and wrinkles while plumping and deeply hydrating the lips and lip contour. An ideal treatment for the perfect date night pout!
25 min - \$50 Add to Facial - \$35

GINKGO DE-STRESS EYE TREATMENT

Counteract puffiness and dark circles with an instant-release collagen biomatrix infused with ginkgo biloba. This natural fiber mask treatment increases peri-orbital circulation, soothes, cools, and decongests the fragile eye contour while visibly reducing puffiness and dark circles. Eyes are rendered visibly rejuvenated. Ideal as a jet lag treatment for men and women.
25 min - \$50 Add to Facial - \$35

SMOOTHING EYE TREATMENT WITH COLLAGEN

Treat your eye area to the repairing benefits of 100% pure marine collagen. This potent treatment smooths fine lines and wrinkles while reducing crepiness. Your eye contour is wonderfully rejuvenated.

25 min - \$50 Add to Facial - \$35

LED LIGHT THERAPY TREATMENT

Studies have shown that human cells which have been exposed to LED Light Therapy have 150% enhancement to their cellular metabolism, thereby accelerating the repair and replenishment of damaged cells. This treatment improves acne lesions (inflamed/non-inflamed), hyperpigmentation, aging, and rosacea. Experience the revitalizing power of LED Light Therapy to repair, rejuvenate, and restore the skin for life.

25 min - \$35 45 min - \$65 Series of 5 - \$260

Series of 7 - \$390 (Series of 7 includes a complimentary Pevonia® Hydrating Sunscreen SPF 30)

FACIAL ENHANCEMENTS

Light Therapy Treatment (acne/rosacea/sensitive/hyperpigmentation/wrinkles)

Escutox® Freeze Dried Anti-Wrinkle Treatment (a natural ingredient alternative to Botox)

Clear-O-Zym Freeze Dried Enzyme (for enlarged, visible pores)

Add to Facial - \$25 each

Luminous Age-Defying Professional Serums - Add to Facial - \$25 each

WAXING

Eyebrow, Chin or Lip.....\$20

2 Combined \$30/ 3 Combined \$40

ArmHalf \$45

Leg.....Half \$50

Underarm\$20

Partial Bikini\$45

Lash & Brow Tinting\$60

Lash Tinting\$40

Brow Tinting.....\$40

MANICURES

Caviar Manicure\$50

Classic Spa Manicure\$45

Tropical Manicure.....\$55

French add on\$5

Gel add on.....\$15

Refresher Manicure.....\$30

Teen Manicure\$30

Polish Change\$20

Soak Off.....\$15

PEDICURES

Caviar Pedicure\$75

Classic Spa Pedicure\$65

Tropical Pedicure.....\$75

French add on\$5

Gel add on.....\$15

Refresher Pedicure.....\$40

Teen Pedicure\$35

Polish Change\$30

Soak Off\$15

Spa Packages

PARADISE SPA PACKAGE - \$205 EACH GUEST

The perfect escape to paradise for you and a friend or loved one. This duo package includes a sweet treat of fresh dark chocolate covered strawberries (rich in antioxidants and Vitamin C), a split of sparkling wine, and a spa gift to enjoy at home for both you and your guest.

You can enjoy a simply scrumptious:

- 50 minute - Swedish Massage
- 80 minute - Manicure and Pedicure

IT'S A MAN'S WORLD - \$209

- 25 minute - Gentlemen's Facial
- 50 minute - Deep Tissue Massage
- 25 minute - Manicure

THE CLASSIC INDULGENCE - \$319

- 50 minute - Swedish Massage
- 50 minute - European Facial
- 80 minute - Classic Manicure/Pedicure

THE SLICE OF HEAVEN - \$249

- 25 minute - Hot Scalp Massage
- 25 minute - Moisturizing Reflexology
- 50 minute - Swedish Massage